

- is a frequent allergen found in some breads and pies, must be avoided by those with specific dietary restrictions.
- This medication is used to treat severe food allergic reactions, especially important to have on hand during meals and social gatherings.
- 3. Ninety percent of allergic _____ occur because of nine foods.
- 7. November is the _____ month of the year.

- Often used in holiday cooking, this dairy product can be a concern for those with allergies.
- 5. An _____ is a special kind of doctor who helps people with food allergies.
- 6. Which state hosted the first Thanksgiving feast?
- 8. Never eat packaged _____ that does not contain an ingredient label.
- 9. There is no _____ for food allergies.
- Food Allergy Anaphylaxis Connection,
 FAACT helps _____ and adults in managing their food allergy journey.



